



# Year 4 Residential, April 2025

## Windmill Hill East Sussex





## Windmill Hill – East Sussex

- 23 fantastic adventure activities to choose from
- Large indoor sports hall
- Lakes for watersports and outdoor heated pool
- Explore the 360 Virtual Tour [www.pgl.co.uk/windmill360](http://www.pgl.co.uk/windmill360) to see inside the centre and view activity information and videos





## Multi-Activity

- 4 action-packed adventure activity sessions per day
- Evening entertainment
- Great for personal development & confidence building
- Increases motivation & appetite for learning



# Adventure activities

- Abseiling
- Aeroball
- All Aboard
- Aquafun
- Archery
- BMX
- Canoeing
- Challenge Course



## Evening entertainment

- 50/50
- Ambush
- Battle of Windmill Hill
- Campfire
- Capture the Flag
- Casino Night
- Disco

## Example timetable

	Group	Meeting Point	Group Leader	Session 1 8:50 - 10:20	Session 2 10:25 - 11:55	Session 3 13:30 - 15:00	Session 4 15:05 - 16:35	Evening 19:30 - 20:30
<b>Monday</b>	1				Arrive on Centre	Climbing (CL1)	Archery (A1)	Balloon Splash (BSP1-SH1)
	2				Arrive on Centre	Archery (A1)	Climbing (CL1)	Balloon Splash (BSP1-SH1)
	3				Arrive on Centre	Climbing (CL2)	Archery (A2)	Balloon Splash (BSP1-SH1)
	4				Arrive on Centre	Archery (A2)	Climbing (CL2)	Balloon Splash (BSP1-SH1)
	5				Arrive on Centre	Micro Scooters (MS1)	Climbing (CL3)	Balloon Splash (BSP1-SH1)
<b>Tuesday</b>	1			Abseiling (AB1)	Micro Scooters (MS1)	Zip Wire (ZW1)	Sensory Trail (ST2)	Campfire (CF1)
	2			Micro Scooters (MS1)	Abseiling (AB1)	Sensory Trail (ST2)	Zip Wire (ZW1)	Campfire (CF1)
	3			Giant Swing (GS1)	Sensory Trail (ST1)	Abseiling (AB1)	Micro Scooters (MS1)	Campfire (CF1)
	4			Sensory Trail (ST1)	Giant Swing (GS1)	Micro Scooters (MS1)	Abseiling (AB1)	Campfire (CF1)
	5			Zip Wire (ZW1)	Archery (A1)	Giant Swing (GS1)	Sensory Trail (ST1)	Campfire (CF1)
<b>Wednesday</b>	1			Giant Swing (GS2)	Fencing (F1)	Depart		
	2			Fencing (F1)	Giant Swing (GS2)	Depart		
	3			Zip Wire (ZW1)	Fencing (F2)	Depart		
	4			Fencing (F2)	Zip Wire (ZW1)	Depart		
	5			Abseiling (AB1)	Fencing (F3)	Depart		



# Facilities

- Heated outdoor swimming pool
- 2000m<sup>2</sup> sports hall
- Indoor games / recreation area
- Sports pitches
- Purpose-built BMX track

# LEAVING AND RETURNING


- Wednesday 23<sup>rd</sup> April to Friday 25<sup>th</sup> April 2025.
- Just over an hour to reach Windmill Hill which is in East Sussex.
- Usually set off around 9:45am and return back by the end of the school day on the Friday. (Children may need a packed lunch on this day)
- Final details will be shared nearer the time.



# STAFF ATTENDING

- XI SLT member
- XI/2 Year 4 Class Teacher
- X 1/2 Support Staff
- An additional adult depending on pupil numbers.
  
- All PGL staff are fully DBS checked and first aid trained.

# WHAT DOES MY CHILD NEED TO BRING?

- Clothing and shoes worn outside during activities will inevitably get dirty – so old clothes are best!
  - With the weather being very changeable, we would suggest a mix of t-shirts and sweatshirts as the evening will still be chilly.
  - Leggings/tracksuit bottoms are preferable as jeans are not suitable for the activities the children will be undertaking and when wet, take a long while to dry.
  - Children are encouraged to take responsibility for their belongings and we therefore strongly recommend that you name all items of clothing.
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# Accommodation

- Lodges – en suite rooms sleep 5-6

Accommodation for Windmill Hill can be viewed in the 360 virtual tour: <http://www.pgl.co.uk/windmill360>



# SLEEPING ARRANGEMENTS

- Children will be asked to pick two children that they would like to share with and will be guaranteed at least one of their choice.
- They will be given their day groups and dormitories on arrival.
- Sheets, duvets and pillows are provided for all guests and party leader rooms are at the end of each corridor.



## Catering and dietary needs

- 3 nutritious, balanced meals per day
- Self-service salad bar
- Vegetarian option
- Special diets catered for by prior arrangement
- Sample menus available online: <https://schoolsandgroups.pgl.co.uk/menu/>



# Health & safety

The PGL Code of Practice describes all safety and operational procedures both on and off-site including:

- Sample risk assessments
- Staff-to-pupil ratios
- Operating procedures
- Staff vetting & training

# FINAL COST

*All payments must be paid via Arbor account and the balance must be settled prior to departure.*

The cost per child is anticipated to be £315.

**£50.00** deposit to be paid by Friday 18<sup>th</sup> October.

Balance usually to be paid by end of March.

They can bring **£5.00** pocket money but this has to be brought and given to an adult on the day we leave.

# FURTHER INFORMATION:

<https://www.pgl.co.uk/Files/DocumentManagerDocuments/AdventureUK/Promotional%20Videos/PGL-Promotional-Video-Primary-Schools-Parents-and-Pupils-Whats-It-All-About.mp4>